



Footprints in the Sand A Beachfront Podiatric Symposium

HILTON HEAD

JUNE 23-26

THE PODIATRY INSTITUTE

JOINT PROVIDER WITH

SOUTH CAROLINA PODIATRIC
MEDICAL ASSOCIATION

ABOUT THE INSTITUTE

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

ABOUT SCPMA

South Carolina Podiatric Medical Association's mission includes promoting and pursuing excellence in all aspects of podiatric medicine; seeking conditions and environments which support optimal practice and patient care; keeping its Members informed about any and all changes in regulations, legislation and other areas that may affect the podiatric medical practice; and more. Please visit www.scpma.us for more information.



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THE **PODIATRY** INSTITUTE

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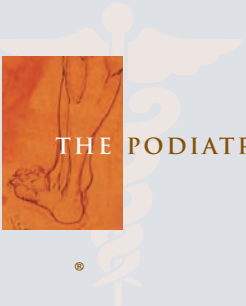
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HILTON HEAD

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**SOUTH CAROLINA
PODIATRIC MEDICAL
ASSOCIATION**

**HILTON HEAD MARRIOTT
RESORT & SPA**



Footprints in the Sand A Beachfront Podiatric Symposium

HIGHLIGHTS

Shelter Cove Harbour offers waterfront dining, shopping and entertainment, plus spectacular views of Broad Creek. This laid-back Mediterranean-style village combines the Island's best shops, restaurants and waterfront activities in one location. 843.785.1106 www.palmettodunes.com

Harbour Town, surrounding Sea Pines' picturesque yacht basin, features an extraordinary collection of fine apparel and home decor boutiques, gift and crafts shops, jewelry stores and native art galleries. Boats depart regularly for dolphin-sighting and adventure cruises, kayak tours and deep sea fishing trips. For a stunning aerial view of the Harbour Town marina, climb the winding steps to the top of the beloved candy-stripe lighthouse! Kids of all ages won't want to miss nightly performances by legendary singer entertainer Gregg Russell. World-class golf and tennis are just steps away. 843.785.3333 www.seapines.com

Coastal Discovery Museum Indoor and outdoor exhibits, tours and cruises give you hands-on exploring of the history, wildlife, and heritage of Coastal Carolina. 843.689.6767 www.coastaldiscovery.org

NATURE LOVERS

Hilton Head Island Audubon Society Beaches, marshes, lagoons, bike trails, harbours and golf courses throughout the island are areas for birding. The most popular sites are Fish Haul Creek Park, Sea Pines Forest Preserve, Pinckney Island National Wildlife Refuge, and Savannah National Wildlife Refuge. www.hiltonheadaudubon.org

Pinckney Island National Wildlife Refuge See a wide variety of wildlife. Walk around the island on the 14 miles of trails, bike or kayak. 843.784.2468 www.fws.gov/pinckneyisland

ADVENTURES

Advanced Sail Catamarans Whether it's daytime cruising, dolphin watching, enjoying sunsets or fireworks, or taking sailing lessons, the Pau Hana and Flying Circus are FUN for all ages. 843.686.2582 www.hiltonheadisland.com/sailing

Adventure Cruises Dolphin watch tours, deep sea fishing, and more on the excursion vessel Holiday (843.785.4558), or crabbing on board the Crabber J II (843.422.5110). www.hiltonheadisland.com/adventure

Bike Rentals Riding Tigers Bike Rental offers cruisers, mountain bikes, tandem, kiddy carts... (843.686.5833, aaaridingtigers.com) Hilton Head Bicycle Company offers bikes, trailers, baby seats...and WeeHoo Tag-alongs. (843.686.6888, hiltonheadbicycle.com) Pedals Bicycles covers beach cruising to mountain biking. (843.842.5522, www.pedalsbicycles.com)

Cheers Charters Sail the pristine waters surrounding Pinckney Island Wildlife Refuge and Port Royal and Calibogue Sounds. 843.671.1800 cheerscharters.com

Commander Zodiac Explore the wondrous waters of the Lowcountry on an amazing Dolphin excursion. 843.671.3344 www.commanderzodiac.com

Drifter Excursions Your family fun boat for deep sea fishing, dolphin watching and nature tours. 843.363.2900 bitemybait.com

Island Explorer Go off the "beaten path" to the pristine waters where dolphin, shore birds and marsh life are abundant. 843.785.2100 dolphintourshiltonhead.com/index.html

Lawton Stables Horseback riding through the Sea Pines Forest Preserve; pony rides and animal farm. 843.671.2586 www.lawtonstables.hi.com

Outside Hilton Head Celebrating over 30 years of creating and customizing premier, life-changing adventures! Kayak fishing, paddleboarding and more. 843.686.6996 www.outsidehiltonhead.com

Schooner Welcome Set sail and step back in time. Watch dolphin surf the bow wake. Join in and hoist a sail or just sit back and be dazzled by an incredible Hilton Head sunset! 843.566.3984 www.schoonerwelcome.com

Dolphin & Nature Tour Dolphin cruises, encounters and watches for a true dolphin discovery adventure experience! 843.681.2522 www.hiltonheadtours.com

Vagabond Cruise Offers over twenty exciting cruises on three unique passenger vessels. 843.363.9026 vagabondcruise.com

Water-Dog Outfitters Kayaking, biking and hiking tours designed with everyone in mind. 843.422.4455 waterdogoutfitter.com

FAMILY FUN

The **Hilton Head Marriott Resort & Spa** is the perfect destination for your family. Their recreation team will keep your family rockin' with daily activities and kids' camp during the summer. They also offer bike rentals, miles of bike paths, in-room movies, a basketball court, 3 pools (including a kids pool and a heated indoor pool), and of course an oceanfront location. Putt-putt, family fun center, rolling skating rink, live family entertainment, dolphin cruise and much more are nearby. 843.686.8400 www.marriott.com/hotels/travel/hhhgr-hilton-head-marriott-resort-and-spa/

Adventure Cove Excitement for all ages with 36 holes of miniature golf on two Caribbean style courses. Test your skills at the island's only arcade. 843.842.9990 www.adventurecove.com

Pirate's Island Adventure Golf Swashbuckling adventures on miniature golf courses with a dungeon and a pirates' treasure. 843.686.4001 www.piratesislandgolf.com

Gregg Russell Under the Liberty Oak Games, sing-alongs and crazy fun for children and adults! Harbour Town Marina (under The Liberty Oak) 843.842.1979 www.greggrussell.com

The Salty Dog Cafe The famous outdoor cafe inspired by Jake the Salty Dog and his heroic feat! Ocean breezes, tropical freezes, and entertainment for all ages. 843.671.2233 www.saltydogcafe.com

The Sandbox, An Interactive Children's Museum A great place for families to learn and explore together. Children can sail away on Captain William Hilton's ship of discovery or find a plane ready for little pilots to fly. 843.842.7645 thesandbox.org

SPECIAL EVENT

Carolina Dreamers Car Club Cruise-In **MAY 26, 5-8 PM** Takes place on Shelter Cove Lane waterside overlooking Broad Creek. No costs, no reservations, open to all automotive enthusiasts; locals and visitors. www.carolindreamers.info

More information about area attractions is available at www.hiltonheadisland.org



JUN
23

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:25 AM WELCOME

7:30 AM **FIRST RAY**

End Stage Hallux Rigidus
1st MPJ Implant Arthroplasty
1st MPJ Arthrodesis: Show Me the Fusion
1st MPJ Arthrodesis: Why It's Still the Gold Standard
1st MPJ Arthrodesis with Segmental Bone Loss: Can Allograft be Used with Success?
Technique Tips for the Austin
Closing Base Wedge Osteotomy, Pearls to Making it Easier
Revisional Bunion Surgery
Panel Q&A

10:00 AM REFRESHMENT BREAK, VISIT EXHIBITORS

10:30 AM **TRAUMA**

Metatarsal Fractures
Lisfranc's Fractures
Jones Fractures
Calcaneal Fractures
Physeal Injuries
Repair of the Unstable Ankle
Ankle Syndesmosis Injuries
Pearls and Pitfalls of Ankle Trauma Closed Reduction
Panel Q&A

1:00 PM THURSDAY SESSION ADJOURNS

JUN
24

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM

CHALLENGING FOREFOOT PATHOLOGY

Plantar Plate Repair
Degenerated 2nd MPJ
Repair of Flail Toe with Autogenous Bone Graft
Plantar Approach to Neuroma Excision
Lisfranc's Fusion
Dorsal Transverse Incision Approach for Pan Metatarsal Head Resection
Dissecting the Forefoot Surgical Dilemma
Panel Q&A

10:00 AM REFRESHMENT BREAK, VISIT EXHIBITORS

10:30 PM **RAPID ROUNDTABLE**

Average HAV Repair: Procedure and Fixation of Choice ■ High IM Angle Repair: Procedure and Fixation of Choice ■ Hallux Limitus: What Is Your Go To Procedure? ■ Plantar Fasciotomy: When to Proceed with Surgery and Technique of Choice ■ Hammertoe Repair: Fixation of Choice ■ DVT Prophylaxis: When and What to Use ■ Neuropathy: Treatment Protocol ■ Narcotics: Who, How Much, and How Long to Prescribe ■ Verruca: Treatment Options ■ Wound Care Substitutes: When and What To Use

11:30 AM

FLATFOOT CHALLENGES AND RECONSTRUCTION

PTTD Imaging: MRI and Ultrasound
Minimal Incision Evans Calcaneal Osteotomy: Quick, Simple, and Clean
Medial Double Arthrodesis: Approach for Addressing Adult Acquired Flatfoot
Pediatric Flatfoot
Panel Q&A

1:00 PM FRIDAY SESSION ADJOURNS

SCIENTIFIC CHAIRMAN

Michelle L. Butterworth, DPM KINGSTREE, SC

SPECIAL GUEST SPEAKERS

Wayne L. Bakotic, DPM ALPHARETTA, GA
Edwin L. Blich, IV, DPM NORTH CHARLESTON, SC
William H. Hatchett, DPM SUMMERVILLE, SC
Vito Speciale, DPM SUMMERVILLE, SC
Trent K. Statler, DPM BEAUFORT, SC

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

JUN
25

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM **SURGICAL PEARLS**

Harvesting Calcaneal Bone Graft Made Easy
Simple Tip for the Weil Osteotomy
Technique Tip: Axis Guide for Evans Osteotomy
Transpositional Calcaneal Osteotomies:
Improving Your Technique and Maximizing Correction
Interesting Case Studies in Podiatric Medicine:
2016 Update

9:10 AM **PICA RISK MANAGEMENT**

Meritless Cases: Why Do Patients Sue?

This program includes a study of podiatric malpractice cases in which the patient sued their podiatrist even though the "medicine" was good, to identify reasons the patient sued, and discuss risk reduction practices to lessen the risk of being sued.

10:10 AM REFRESHMENT BREAK, VISIT EXHIBITORS

11:10 AM **CHALLENGING PROBLEMS AND TOPICS OF INTEREST**

Suspicious Soft Tissue Masses: Systemic Approach
Stem Cell Allografts in Foot and Ankle Surgery
Plantar Fascia Surgery: A New Approach?
Evaluation and Management of Retrocalcaneal Pain
Charcot: A Look Back 5 Years after Reconstruction
Panel Q&A

1:00 PM SATURDAY SESSION ADJOURNS

JUN
26

7:00 AM BREAKFAST

7:30 AM **REARFOOT AND ANKLE RECONSTRUCTION**

Calcaneonavicular Bar Resection
Isolated Talonavicular Fusion
Subtalar Joint Distraction Arthrodesis
FDL Transfer for Chronic Achilles Tendonopathy
Lateral Ankle Stabilization Utilizing Tendon Allograft
Cartilage Repair
Surgical Offloading of the Charcot Foot
Panel Q&A

10:00 AM REFRESHMENT BREAK

10:30 AM **PODIATRIC MEDICINE AND WOUNDS**

LUNA Imaging for Assessing Wounds
Surgical Wound Dehiscence
Science of Wound Healing
Skin Flaps and Skin Substitutes in Wound Healing
Wound Irrigation: What Does the Literature Say
Hyperbaric Oxygen and Wound Healing
Pre-op Management of Hematologic Disorders
Post-op Urinary Retention
Factitious Disorder
Panel Q&A

1:00 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE



The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **20.0** continuing education contact hours

HOTEL

Discover your personal oceanfront oasis at the **Hilton Head Marriott Resort & Spa**, named one of the Top 500 Hotels in the World by *Travel & Leisure Magazine*. Escape from the ordinary and enjoy spacious guest rooms with private balconies, award-winning dining, three championship golf courses, a fitness center, indoor and outdoor pools, and the lavish Spa Soleil. The recreation team will keep your family rockin' with daily activities and kids' camp. The Hilton Head Marriott's location offers easy access to local airports, shopping and popular tourist attractions.

A block of rooms have been reserved and will be held until it is full or **May 23, 2016**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Rates: \$199 Resort View \$219 Ocean View \$239 Oceanfront
(based on availability; plus tax, currently 11%, subject to change without notice; plus daily resort fee of \$15 which includes self-parking, local shuttle and more)

HILTON HEAD MARRIOTT RESORT & SPA

One Hotel Circle, Hilton Head Island, SC 29928

888.236.2427 or 843.686.8400 www.marriott.com

To register online, click the hotel link on the Hilton Head conference page at www.podiatryinstitute.com



TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at the above number.



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



HILTON HEAD CONFERENCE

- \$490 on or before 5/12/16
- \$540 after 5/12/16
- \$590 after 6/10/16 or at the door
- \$265 Retired Podiatrists or Active Military
- \$65 Residents with letter from Residency Director (DOES NOT APPLY TO CADAVER WORKSHOPS.) **LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.**
- Special Seminar Rate for **APMA Young Members**. Call 888.833.5682.
- Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 1 lunch, and 4 breaks.
 - _____ # OF ADULTS (\$100 EACH)
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HILTON HEAD TOTAL

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IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

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CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.