

Hilton Head

June 21-24

Footprints in the Sand A Beachfront Podiatric Symposium

About your Hosts

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

South Carolina Podiatric Medical Association's mission includes promoting and pursuing excellence in all aspects of podiatric medicine; seeking conditions and environments which support optimal practice and patient care; keeping its Members informed about any and all changes in regulations, legislation and other areas that may affect the podiatric medical practice; and more. Please visit www.scpma.us for more information.

DENVER
September 13-15
Stepping Forward –
Leading the Way
*A Women-Centric Comprehensive
Foot & Ankle Conference*

SAN DIEGO
September 20-23
UPDATE 2018
with San Diego Podiatric
Medical Society

PHILADELPHIA
September 28-30
Insights & Advancements
with Penn Presbyterian
Medical Center

BOSTON
October 19-21
APMA Region One Conference
with Region One
Podiatry Assn.

SANIBEL
November 1-4
Complications & Infection
*The 28th Annual
Sanibel Conference*

CHICAGO
Nov 30 - Dec 2
Windy City Conference
with Illinois Podiatric
Medical Assn.

PARK CITY
February 7-9 2019
26th Annual Winter Conference
with Utah Podiatric
Medical Assn.

LITTLE ROCK
March 29-31 2019
Foot & Ankle Surgery
with Arkansas Podiatric
Medical Assn.

Corporate Sponsors

Special thanks to our 2018 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

PLATINUM

Bako Diagnostics
PICA
The Rhett Foundation
Telere Systems

GOLD

Amerx Health Care
Arthrosurface
Cartiva
CrossRoads
Extremity Systems
Marlinz Pharma
Metric Medical
Ortho Dermatologics

SILVER

Delta Surgical
Instruments
Talar Medical

BRONZE

Depuy Synthes
Dia-Foot
Quantum Pathology
Redithotics
Tetra
Vionic Group LLC
Wright Medical

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2018

Hilton Head

Footprints in the Sand *A Beachfront Podiatric Symposium*

PRESENTED BY

THE PODIATRY INSTITUTE

JOINT PROVIDER WITH

SOUTH CAROLINA PODIATRIC
MEDICAL ASSOCIATION

HIGHLIGHTS

- *PICA Risk Management Session*
- *One Hour of Opioid Management*

June 21-24



This is a PICA approved
risk management seminar.



To do and see in Hilton Head



Highlights

Shelter Cove Harbour is a laid-back Mediterranean-style village that combines the Island's best shops, restaurants and waterfront activities in one location. 843.785.1106 www.palmettodunes.com

Harbour Town, surrounding Sea Pines' picturesque yacht basin, features an extraordinary collection of boutiques, stores and galleries. For a stunning aerial view, climb the winding steps to the top of the beloved candy-stripe lighthouse! Kids of all ages won't want to miss nightly performances by legendary singer entertainer Gregg Russell. World-class golf and tennis are just steps away. 843.785.3333 seapines.com

Coastal Discovery Museum Indoor and outdoor exhibits, tours and cruises give you hands-on exploring of the history, wildlife, and heritage of Coastal Carolina. 843.689.6767 www.coastaldiscovery.org

Nature Lovers

Hilton Head Island Audubon Society Beaches, marshes, lagoons, bike trails, harbours and golf courses throughout the island are areas for birding. The most popular sites are Fish Haul Creek Park, Sea Pines Forest Preserve, Pinckney Island National Wildlife Refuge, and Savannah National Wildlife Refuge. www.hiltonheadaudubon.org

Pinckney Island National Wildlife Refuge See a wide variety of wildlife. Walk around the island on the 14 miles of trails, bike or kayak. 843.784.2468 www.fws.gov/pinckneyisland

Adventures

Advanced Sail Catamarans Whether it's daytime cruising, dolphin watching, enjoying sunsets, or taking sailing lessons, the Pau Hana and Flying Circus are FUN for all ages. 843.686.2582 www.hiltonheadisland.com/sailing

Adventure Cruises Dolphin watch tours, deep sea fishing, and more on the excursion vessel Holiday (843.785.4558), or crabbing on board the Crabber J II (843.422.5110). www.hiltonheadisland.com/adventure

Bike Rentals Riding Tigers Bike Rental offers cruisers, mountain bikes, tandem, kiddy carts... (843.686.5833, aaaridingtigers.com) Hilton Head Bicycle Company offers bikes, trailers, baby seats...and WeeHoo Tag-alongs. (843.686.6888, hiltonheadbicycle.com) Pedals Bicycles covers beach cruising to mountain biking. (843.842.5522, pedalsbicycles.com)

Cheers Charters Sail the pristine waters surrounding Pinckney Island Wildlife Refuge and Port Royal and Calibogue Sounds. 843.671.1800 www.cheerscharters.com

Commander Zodiac Explore the wondrous waters of the Lowcountry on an amazing Dolphin excursion. 843.671.3344 commanderzodiac.com

Dolphin & Nature Tour Cruises for a true dolphin discovery adventure experience! 843.681.2522 www.hiltonheadtours.com

Drifter Excursions Your family fun boat for deep sea fishing, dolphin watching and nature tours. 843.363.2900 hiltonheadboattours.com

Island Explorer Go off the "beaten path" to the pristine waters where dolphin, shore birds and marsh life are abundant. 843.785.2100 dolphintourshiltonhead.com/index.html

Lawton Stables Horseback riding through the Sea Pines Forest Preserve; pony rides and animal farm. 843.671.2586 www.lawtonstables.com

Outside Hilton Head Celebrating over 30 years of creating and customizing premier, life-changing adventures! Kayak fishing, paddleboarding and more. 843.686.6996 www.outsidehiltonhead.com

Vagabond Cruise Offers over twenty exciting cruises on three unique passenger vessels. 843.363.9026 vagabondcruise.com

Family Fun

Adventure Cove Excitement for all ages with 36 holes of miniature golf on two Caribbean style courses. Test your skills at the island's only arcade. 843.842.9990 www.adventurecove.com

Pirate's Island Adventure Golf Swashbuckling adventures on miniature golf courses with a dungeon and a pirates' treasure. 843.686.4001 www.piratesislandgolf.com

The Salty Dog Cafe The famous outdoor cafe inspired by Jake the Salty Dog and his heroic feat! Ocean breezes, tropical freezes, and entertainment for all ages. 843.671.2233 saltydog.com

The Sandbox, An Interactive Children's Museum Children can sail away on Captain William Hilton's ship of discovery or find a plane ready for little pilots to fly. 843.842.7645 thesandbox.org

More information about area attractions is available at www.hiltonheadisland.org



Hilton Head Marriott Resort & Spa

One Hotel Circle, Hilton Head Island, SC 29928 www.marriott.com*
888.511.5086 or 843.686.8400 (mention The Podiatry Institute Seminar)

Discover your personal oceanfront oasis at the **Hilton Head Marriott Resort & Spa**. Escape from the ordinary and enjoy spacious guest rooms with private balconies, award-winning dining, three championship golf courses, a fitness center, indoor and outdoor pools, and the lavish Spa Soleil. The Hilton Head Marriott's location offers easy access to local airports, shopping and popular tourist attractions.

Rate: \$209-\$279 (plus tax, subject to change without notice) *Register online via Hilton Head page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or **May 28, 2018**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

JUNE 21

Thursday

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:25 AM WELCOME

7:30 AM CHALLENGING MEDICINE & SURGERY

Nicotine Cessation in the Podiatric Patient
Gout Management
Metal Sensitivity and Allergies
Removal of Internal Fixation: Pearls to Success
The Spectrum of Podiatric Dermatologic Disease: Biopsy Techniques and Disease Management
Interdigital Maceration — Not Just Tinea
Peri-op Management of Painful Scars
The “Bow-Tie” Rotational Skin Flap
Question & Answer

10:30 AM REFRESHMENT BREAK — VISIT EXHIBITORS

11:00 AM WORKSHOPS

YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS
Various hands-on workshops featuring latest techniques and technologies, including:

WORKSHOP ROTATION ONE: 11:00 AM – 12:00 PM

Summer 2018 Podiatric Dermatology Update – “Hands-On” Biopsy Workshop with Tracey C. Vlahovic, DPM; The Podiatry Institute has designated an unrestricted educational grant from Bako Diagnostics to support this workshop session. Note: This is a two-hour workshop!

Treating Difficult Podiatric Conditions with MLS Laser Therapy The Podiatry Institute has designated an unrestricted educational grant from Cutting Edge Laser to support this workshop session.

Treatment of Osteoarthritis in the Extremities with William H. Hatchett, DPM; The Podiatry Institute has designated an unrestricted educational grant from Cartiva to support this workshop session.

Foot and Ankle Fixation Utilizing Active Stabilization with Michelle Butterworth, DPM / William Harris, IV, DPM; The Podiatry Institute has designated an unrestricted educational grant from CrossRoads Extremity to support this workshop session.

WORKSHOP ROTATION TWO: 12:00 PM – 1:00 PM

1:00 PM THURSDAY SESSION ADJOURNS

Friday

JUNE 22

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM FIRST RAY

What Our Patients Wish We Would Tell Them About Bunion Surgery
Algorithm and Techniques for Hallux Valgus Repair
Versatility of the 1st MTPJ Fusion
Silastic 1st MTPJ Implant: What is the Current Role?
Complications of Joint Implant Arthroplasty
A New 80:20 in Bunion Correction?
Question & Answer

10:15 AM REFRESHMENT BREAK — VISIT EXHIBITORS

10:45 AM CONSULTATION CORNER

Bring in your challenging cases for a second opinion by our panel of experts. Cases/imaging studies must be in PowerPoint format and turned in by Thursday afternoon.

11:45 AM PICA RISK MANAGEMENT SESSION
Complications of Orthopedic Implants & Hardware

LEARNING OBJECTIVES: Be able to identify and distinguish complications of orthopedic implants Identify common modes of failure of orthopedic joint implants and orthopedic hardware Be able to differentiate mode of failure and plan a course of treatment Become familiar with orthopedic metals and potential for allergy Be able to identify and assess infectious complications including periprosthetic infection Help participant avoid orthopedic implant complications.

Note: There is a separate sign-in for this presentation.

1:00 PM FRIDAY SESSION ADJOURNS



SOUTH CAROLINA PODIATRIC MEDICAL ASSOCIATION

Annual Golf Tournament

FRIDAY, JUNE 22

George Fazio Golf Course at Palmetto Dunes
2 Carnoustie Ln, Hilton Head Island, SC 29928

12:00 PM Registration & Check-in
1:30 PM Tee Time - Captain’s Choice

REGISTRATION COST*:

SCPMA Members: \$100.00 per player
Non-Members: \$125.00 per player

*Includes lunch, range balls, cart & green fees. Individual Registrants will be placed on teams.

REGISTER & PAY BY MAY 21ST AND RECEIVE A \$50 DISCOUNT ON A TEAM OF 4!

Please visit the Hilton Head conference page at www.podiatryinstitute.com to download registration form.

(50% of profit made will go to the SCPMA PAC fund in accordance with State Ethics laws.)



20 CMEs

The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine.

The Podiatry Institute has approved this activity for a maximum of 20.0 continuing education contact hours.

JUNE 23

Saturday

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM **FOREFOOT PATHOLOGY & SURGERY**

HIPJ Arthrodesis: Correcting the Hallux
 Arthroplasty vs. Arthrodesis for Hammertoes: Does It Matter?
 Cost Effective Repair of Lesser Luxation
 Metatarsus Adductus: When to Cut and When to Wait
 Alcohol Sclerosing Injections for Neuromas: What Does the Evidence Show?
 Question & Answer

9:20 AM REFRESHMENT BREAK — VISIT EXHIBITORS

9:50 AM **TOPICS OF INTEREST**

KT Taping
 CRPS

OPIOID MANAGEMENT

Approved procedures in prescribing and monitoring controlled substances

Note: There is a separate sign-in for this presentation.

Antibiotics Every DPM Should Know
 Management of Diabetes in the Operative Patient
 PAD: Evaluation and Management with Wound Care
 Osteomyelitis: Are We Doing All That We Can?

1:00 PM SATURDAY SESSION ADJOURNS

JUNE 24

Sunday

7:00 AM BREAKFAST

7:30 AM **CHALLENGING SURGERY & REARFOOT & ANKLE RECONSTRUCTION**

Surgical and Medical Management of Non-Unions
 Valgus Producing Calcaneal Osteotomy: Technique Pearls
 Augmenting the Brostrom
 Posterior Heel Spur
 Tarsal Tunnel Syndrome
 Trephine Resection for Midfoot Arthrodesis
 Question & Answer

10:00 AM REFRESHMENT BREAK

10:30 AM **TRAUMA**

Pediatric Ankle Fractures
 Trephine Technique for Jones Fracture
 5th Metatarsal Base Fractures
 Diabetic Neglected Achilles Tendon Rupture: Case Report
 Achilles Tendon Repair
 Turf Toe and Sesamoid Complex Injuries
 Puncture Wounds: Protocol for Success
 Question & Answer

1:00 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM,
 SUBJECT TO CHANGE WITHOUT NOTICE

Conference Objectives

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

Distinguished Faculty

SCIENTIFIC CHAIRMAN

Michelle Butterworth, DPM
 Kingstree, South Carolina

Bradley Bakotic, DPM
 Alpharetta, Georgia

Casey Burchill, DPM
 Private Practice, Las Vegas, Nevada

Michael S. Downey, DPM
 Chief, Division of Podiatric Surgery,
 Penn Presbyterian Medical Center,
 Philadelphia, Pennsylvania

William Harris, IV, DPM
 Private Practice, Lancaster, South Carolina

William H. Hatchett, DPM
 Private Practice, Summerville,
 South Carolina

Aprajita Nakra, DPM
 Private Practice, Gilbert, Arizona

Yosef Opakunle, DPM
 DeKalb Medical, Decatur, Georgia

Sophie Pinney, DPM
 Private Practice, Cynthiana, Kentucky

Rahn A. Ravenell, DPM
 Private Practice, Mount Pleasant,
 South Carolina

Zachary Rohr, DPM
 DeKalb Medical, Decatur, Georgia

John Ruch, DPM
 Private Practice, Atlanta, Georgia

Trent K. Statler, DPM
 Private Practice, Beaufort, South Carolina

Jeremy Thomas, DPM
 Private Practice, Cary, North Carolina

Tracey C. Vlahovic, DPM
 Associate Professor,
 Temple University
 School of Podiatric Medicine,
 Philadelphia, Pennsylvania

John Vanore, DPM
 Private Practice, Gadsden, Alabama



Photos courtesy of ©HiltonHeadIsland V&CB

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.



THE PODIATRY INSTITUTE

OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

BOARD OF DIRECTORS

Annette D. Filiatrault, DPM
CHAIRMAN

Michelle L. Butterworth, DPM
Bradley D. Castellano, DPM
Joshua J. Mann, DPM
Alfred J. Phillips, DPM
Rahn A. Ravenell, DPM
Scott R. Roman, DPM

Daniel F. Vickers, CAE
EXECUTIVE DIRECTOR

SEMINAR COMMITTEE

John A. Ruch, DPM
DIRECTOR OF MEDICAL EDUCATION

Michael C. McGlamry, DPM
CORPORATE LIAISON

Michelle L. Butterworth, DPM
David J. Caldarella, DPM
Thomas J. Chang, DPM
Michael S. Downey, DPM
Annette D. Filiatrault, DPM
Todd B. Haddon, DPM
Donald R. Green, DPM
Clifford D. Mah, DPM
D. Scot Malay, DPM
Aprajita Nakra, DPM
Alfred J. Phillips, DPM
Jay D. Ryan, DPM
Joe T. Southerland, DPM

The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE

(BEFORE 6/7/18)
www.podiatryinstitute.com

PHONE

888.833.5682
or 770.939.0393

FAX

404.508.8539

MAIL

The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

Hilton Head Conference Registration

- \$540 on or before 5/10/18
- \$590 on 5/11/18 through 6/7/18
- \$690 after 6/7/18 or at the door
- \$315 Retired Podiatrists or Active Military
- \$95* Residents with letter from Residency Director
DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.
- \$440 on or before 5/10/18 SCPMA Member ONLY
- Special Seminar Rate for **APMA Young Members**. Call 888.833.5682.
- Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.
____ # OF ADULTS (\$100 EACH)
____ # OF CHILDREN 12 & UNDER (\$50 EACH)

\$ _____
HILTON HEAD TOTAL

PLEASE PRINT CLEARLY

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ First Name for Name Tag _____

Email _____
(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**IF YOU DO NOT
RECEIVE AN EMAIL
CONFIRMATION,
PLEASE CALL
OUR OFFICE
TO CONFIRM
REGISTRATION.**

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE M/C VISA AX DISC

Card # _____ Exp. Date _____
MM / YY

Signature _____ Date _____

REGISTER FOR A 2018 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2018 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS.
DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES.
CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.