# CORPORATE SPONSORS

Special thanks to our 2019 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

## **PLATINUM**

Bako Diagnostics Horizon Pharma PICA

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Amerx Health Care
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Delta Surgical Instruments Marlinz Pharma Quantum Pathology Smart-ABI

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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2019



## **ABOUT YOUR HOSTS**

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

### **South Carolina Podiatric Medical Association's**

mission includes promoting and pursuing excellence in all aspects of podiatric medicine; seeking conditions and environments which support optimal practice and patient care; keeping its Members informed about any and all changes in regulations, legislation and other areas that may affect the podiatric medical practice; and more. Please visit www.scpma.us for more information.

NEWPORT April 25-28 Irgical Pearls by the Sea with Rhode Island Podiatric Medical Assn. ATLANTA May 16-19 <sup>2nd Annual</sup> Women's Podiatry Conference

June 20-23 Footprints in the Sand with South Carolina Podiatric Medical Assn.

**HILTON HEAD** 

PORTLAND MAINE July 25-28 Atlantic Coast Conference

PORTLAND OREGON
August 15-18
Pacific Coast Conference
with Oregon Podiatric
Medical Assn.

OVERLAND PARK September 13-15 Forefoot & Reconstruction with Kansas Podiatric Medical Assn. SAN DIEGO September 19-22 UPDATE 2019 with San Diego Podiatric Medical Society

MID-ATLANTIC October 18-20 Mid-Atlantic Conference with Mid-Atlantic Podiatric

Medical Association (Region 8)

BOSTON October 25-27 APMA Region One with Region One Podiatry Assn. SANIBEL November 7-10 Hallux Valgus & Related Forefoot CHICAGO
December 6-8
Windy City Conference
with Illinois Podiatric
Medical Assn.



Nonprofit Organization U.S. Postage **PAID** Atlanta, GA Permit #1954



# **2019 Footprints in the Sand Conference**

Challenging Cases and Current Treatment Options in Podiatric Medicine and Surgery

PRESENTED BY

THE PODIATRY INSTITUTE

JOINT PROVIDER WITH

SOUTH CAROLINA PODIATRIC MEDICAL ASSOCIATION

# HILTON HEAD

JUNE 20-23

HILTON HEAD MARRIOTT RESORT & SPA

Hilton Head Island, South Carolina







# HILTON HEAD ATTRACTIONS

## HIGHLIGHTS

**Shelter Cove Harbour** is a laid-back Mediterraneanstyle village that combines the Island's best shops, restaurants and waterfront activities in one location. 843.785.1106 www.palmettodunes.com

Harbour Town, surrounding Sea Pines' picturesque yacht basin, features an extraordinary collection of boutiques, stores and galleries. For a stunning aerial view, climb the winding steps to the top of the beloved candy-stripe lighthouse! Kids of all ages won't want to miss nightly performances by legendary singer entertainer Gregg Russell. World-class golf and tennis are just steps away. 843.785.3333 www.seapines.com

Coastal Discovery Museum Indoor and outdoor exhibits, tours and cruises give you hands-on exploring of the history, wildlife, and heritage of Coastal Carolina. 843.689.6767 www.coastaldiscovery.org

## NATURE LOVERS

**Hilton Head Island Audubon Society** Beaches, marshes, lagoons, bike trails, harbours and golf courses throughout the island are areas for birding. www.hiltonheadaudubon.org

Pinckney Island National Wildlife Refuge

See a wide variety of wildlife. Walk around the island on the 14 miles of trails, bike or kayak. 843.784.2468 www.fws.gov/pinckneyisland

#### **ADVENTURES**

**Bike Rentals** For mountain bikes, cruisers, kiddy carts, trailers, baby seats, tag-alongs and more.

Riding Tigers 843.686.5833 aaaridingtigers.com Hilton Head Bicycle Company 843.686.6888 hiltonheadbicycle.com

Pedals Bicycles 843.842.5522 pedalsbicycles.com

**Cruises** From daytime cruising to enjoying sunsets, dolphin watching or taking sailing lessons, deep sea fishing to crabbing, kayak fishing to paddleboarding, adventure awaits you and your family!

Advanced Sail Catamarans offers the Pau Hana and

Advanced Sail Catamarans offers the Pau Hana and Flying Circus for FUN for all ages. 843.686.2582 www.hiltonheadislandsailing.com

Captain Mark's Dolphin Cruise 843.785.4558 www.cruisehiltonhead.com

Cheers Charters 843.671.1800 cheerscharters.com

Commander Zodiac 843.671.3344 commanderzodiac.com

Crabber J II 843.422.5110

www.welcometosheltercove.com/new-page/

Dolphin & Nature Tour 843.681.2522 www.hiltonheadtours.com

*Drifter Excursions* offers kids cruises, too! 843.363.2900 hiltonheadboattours.com

Island Explorer 843.785.2100 dolphintourshiltonhead.com/index.html

Outside Hilton Head 843.686.6996 www.outsidehiltonhead.com

Vagabond Cruise 843.363.9026 www.vagabondcruise.com

**Lawton Stables** Horseback riding through the Sea Pines Forest Preserve; pony rides and animal farm. 843.671.2586 www.lawtonstables.com

**ZipLine Hilton Head** offers a canopy tour 75' in the air and swinging from swaying bridges and an aerial staircase. 843.682.6000 ziplinehiltonhead.com

#### **FAMILY FUN**

**Adventure Cove** For all ages with miniature golf on two Caribbean style courses and the island's only arcade. 843.842.9990 www.adventurecove.com

**Dixieland Jazz Society of the Lowcountry** performs at The Jazz Corner. No reservations needed, family friendly. 843.842.8620 thejazzcorner.com

**Pirate's Island Adventure Golf** Swashbuckling adventures on miniature golf courses with a dungeon and a pirates' treasure. 843.686.4001 www.piratesislandgolf.com

**The Salty Dog Cafe** The famous outdoor cafe inspired by Jake the Salty Dog and his heroic feat! Ocean breezes, tropical freezes, and entertainment for all ages. 843.671.2233 www.saltydog.com

The Sandbox, An Interactive Children's Museum

Children can sail away on Captain William Hilton's ship of discovery or find a plane ready for little pilots to fly. 843.842.7645 www.thesandbox.org

Visit www.hiltonheadisland.org for more information about attractions and activities!

## TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

# **Travel Leaders 678.689.0176**

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

## HILTON HEAD MARRIOTT RESORT & SPA

One Hotel Circle, Hilton Head Island, South Carolina 29928 888.511.5086 or 843.686.8400 (mention **The Podiatry Institute** for special rate)

Discover your personal oasis at the **Hilton Head Marriott Resort & Spa**. Escape from the ordinary and enjoy spacious guest rooms, award-winning dining, three outstanding golf courses, a fitness center, indoor and outdoor pools, and the lavish Spa Soleil. The Hilton Head Marriott's location offers easy access to local airports, shopping and popular tourist attractions.

Rate: \$219-\$289 (plus tax, subject to change without notice)

\*Register online via the ink on the Hilton Head seminar page at www.podiatryinstitute.com.



A block of rooms has been reserved and will be held until it is full or **May 29, 2019**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

June 20

7:00 AM BREAKFAST WITH EXHIBITORS

7:25 AM WELCOME

## 7:30 AM HIGH RISK DILEMMAS: DIABETES, WOUNDS, INFECTION

Imaging and Infection

Stage 0 Charcot: How to Make the Early Diagnosis

PVD and Wound Healing

BMA: An Adjunct for High Risk Cases

Regenerative Medicine: What's All the Fuss About?

**Enhancing Surgical Outcomes Using Biologics** 

A New Approach-An Update in Topical Anti-Infective Options

Muscle Transfer for Correction of Diabetic Foot

and Ankle Wounds

Question & Answer

10:30 AM REFRESHMENT BREAK — VISIT EXHIBITORS

## 11:00 AM WORKSHOPS

NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION. Hands-on workshops featuring latest techniques & technologies

**Summer 2019 Podiatric Dermatology Update – "Hands-On Biopsy" Workshop** with Javan S. Bass, DPM; The Podiatry Institute has designated an unrestricted educational grant from Bako Diagnostics to support this workshop session.

NOTE: THIS IS A TWO-HOUR WORKSHOP

**Treating Difficult Podiatric Conditions with MLS Laser Therapy** with Mickey D. Stapp, DPM; The Podiatry Institute has designated an unrestricted educational grant from Cutting Edge Laser to support this workshop session.

**Regaining Motion after Failed Hallux Rigidus Surgery** with Brian B. Carpenter, DPM; The Podiatry Institute has designated an unrestricted educational grant from Arthrosurface to support this workshop session.

**Foot and Ankle Fixation Utilizing Active Stabilization** with Michael C. McGlamry, DPM; The Podiatry Institute has designated an unrestricted educational grant from CrossRoads Extremity to support this workshop session.

WORKSHOP ROTATION ONE: 11:00 AM – 12:00 PM WORKSHOP ROTATION TWO: 12:00 PM – 1:00 PM

1:00 PM THURSDAY SESSION ADJOURNS

# 20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and South Carolina Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.

## FRIDAY

June 21

7:00 AM BREAKFAST WITH EXHIBITORS

## 7:30 AM FOREFOOT PATHOLOGY

**Tailors Bunion** 

Alternative Approaches with the Weil

2nd MPJ Plantar Plate Pathology

Cost Effective Repair of Lesser Luxation

Hammertoe Correction via Tendon Repair:

Leave the Bone Alone

Complex Forefoot Deformities.....A Surgical Dilemma

Question & Answer

9:45 AM REFRESHMENT BREAK — VISIT EXHIBITORS

## 10:15 AM HALLUX VALGUS RECONSTRUCTION

Radiographic Parameters and HAV Evaluation

MIS vs. Open for HAV Correction: Where are We Today?

Proximal 1st Metatarsal Osteotomy vs. Lapidus

Lapidus: Surgical Pearls

Swivel Technique for the Lapidus

Management of Lapidus Complications

Principles of Revisional Bunion Surgery

Question & Answer

1:00 PM FRIDAY SESSION ADJOURNS

SOUTH CAROLINA PODIATRIC MEDICAL ASSOCIATION'S ANNUAL

## GOLF TOURNAMENT

FRIDAY, JUNE 21

**Arthur Hills Golf Course at Palmetto Dunes** 

2 Lexington Lane, Hilton Head Island, SC 29928

12:00 PM Registration & Check-in 1:30 PM Tee Time - Shotgun Start

**REGISTRATION COST\*:** 

SCPMA Members: \$100.00 per player Non-Members: \$125.00 per player

\*Includes lunch, range balls, cart & green fees. Individual Registrants will be placed on teams.

\*\*\*ABSOLUTE CUT-OFF DATE: 6/14/19\*\*\*

Please visit the Hilton Head conference page at www.podiatryinstitute.com to download registration form.

(50% of profit made will go to the SCPMA PAC fund in accordance with State Ethics laws.)



7:00 AM BREAKFAST WITH EXHIBITORS

## 7:30 AM REARFOOT AND ANKLE RECONSTRUCTION

Endoscopic Plantar Fasciotomy: Technique and Method

Gastroc Recession for Plantar Fasciitis

Plantar Fibromatosis: A Surgical Condition

Lateral Ankle Instability

Brostrum with Different Augmentation Techniques

Complications of Bone Anchors in Posterior Heel Surgery

Tarsal Tunnel

Anterior Approach Ankle Fusion

Recurrent Peroneal Tendon Subluxation:

Surgical Technique Video

Question & Answer

#### 10:30 AM REFRESHMENT BREAK — VISIT EXHIBITORS

## 11:00 AM PECHA KUCHA

Each panelist will discuss their preferred treatments and surgical procedures for some common topics and deformities.

## 11:00 AM RISK MANAGEMENT SESSION

Mitigating Complications in Vascular Compromised Patients NOTE: THERE WILL BE A SEPARATE SIGN-IN FOR THIS LECTURE

1:00 PM SATURDAY SESSION ADJOURNS

## DISTINGUISHED FACULTY

#### **SCIENTIFIC CHAIRMAN**

Michelle L. Butterworth, DPM

Kingstree, South Carolina

#### Alan S. Banks, DPM

Private Practice, Atlanta, Georgia

### Javan S. Bass, DPM

Private Practice, Lithonia, Georgia

## Thomas A. Brosky, II, DPM

Private Practice, Oakwood, Georgia

## Brian B. Carpenter, DPM

Private Practice, Paradise, Texas

## Lawrence A. DiDomenico, DPM

Private Practice, Youngstown, Ohio

## Michael S. Downey, DPM

Chief, Division of Podiatric Surgery, Penn Presbyterian Medical Center, Philadelphia, Pennsylvania

#### William Harris, IV, DPM

Private Practice, Lancaster, South Carolina

#### William H. Hatchett, DPM

Private Practice, Summerville, South Carolina

#### Caitlyn Y. Lee, DPM

Emory Decatur, Decatur, Georgia

## John T. Marcoux, DPM

Brighton, Massachusetts

## Michael C. McGlamry, DPM

Private Practice, Cumming, Georgia

### Karen Moon, DPM

Emory Decatur, Decatur, Georgia

### Rahn A. Ravenell, DPM

Private Practice, Mount Pleasant, South Carolina

## Scott R. Roman, DPM

Private Practice, Covington, Georgia

#### John A. Ruch, DPM

Private Practice, Atlanta, Georgia

#### Mickey D. Stapp, DPM

Private Practice, Augusta, Georgia

#### Trent K. Statler, DPM

Private Practice, Beaufort, South Carolina

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity

## 7:30 AM CHALLENGING MEDICINE

SUNDAY

Opioid Management: Approved Procedures in Prescribing and Monitoring Controlled Substances NOTE: THERE WILL BE A SEPARATE SIGN-IN FOR THIS LECTURE

Electronic Medical Records: Top 5 Things That Get Us in Trouble

## 8:50 AM TRAUMA

Lauge Hansen

**Tendon Laceration Considerations** 

Peroneal Tendon Injury

High Ankle Sprains

Question & Answer

#### 10:45 AM REFRESHMENT BREAK

## 11:00 AM FIRST RAY AND HALLUX LIMITUS

Functional Hallux Limitus in Athletes

1st MTPJ Arthrodesis in the High IM Angle

Stop Wasting Time and Staple Your 1st MTPJ Arthrodesis

1st MPJ Fusion with Interpositional Bone Graft: Is Allograft Possible?

## 12:00 PM TOPICS OF INTEREST

Smoking and Foot and Ankle Surgery

DVT Prophylaxis: Is the Score Settled?

Post-Operative Scars

Bipolar Radiofrequency Coblation

1:00 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE

## CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

**Trauma**: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequalae in different groups.

**Forefoot**: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

**Diabetic Foot**: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

**Heel and Hindfoot**: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.



## **OUR MISSION**

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

## **BOARD OF DIRECTORS**

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



## HILTON HEAD REGISTRATION

- □ \$440 SCPMA Member Only on or before 5/9/19
- □ \$540 on or before 5/9/19
- □ \$590 on 5/10/19 through 6/6/19
- \$690 after 6/6/19 or at the door (Credit Card ONLY)
- □ \$315 Retired Podiatrists or Active Military
- □ \$95\* Residents with letter from Residency Director

  \*DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.

- ☐ Special Seminar Rate for **APMA Young Members**. Call 888.833.5682.
- ☐ Food functions are open to registered attendees only.

  Additional meal packages can be purchased for family/guests. Includes 4 breakfasts and 4 breaks.

\_\_\_\_# OF ADULTS (\$100 EACH)

----# OF CHILDREN 12 & UNDER (\$50 EACH)

\$\_\_\_\_\_HILTON HEAD TOTAL

# CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

#### **ONLINE**

(BEFORE 6/6/19) www.podiatryinstitute.com

#### **PHONE**

888.833.5682 or 770.939.0393

### FAX

404.508.8539

#### MAIL

The Podiatry Institute 2675 N Decatur Rd, Ste 309 Decatur, GA 30033-6132

PLEASE PRINT CLEARLY

Name _			
Address	S		
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Ė	(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)		
<u> </u>	PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU		

## IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION, PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE $\Box$ M/C	UVISA UAX UDISC
Card #	Exp. Date
Signature	Date

## REGISTER FOR A 2019 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2019 SEMINAR

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS. DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES.

CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.